



## **Bottle Making Policy**

### **EYFS PRINCIPLES**

- *Staffing arrangements must meet the needs of all children and ensure their safety. You must ensure that children are adequately supervised, including whilst eating.*
- *Before a child is admitted to the setting, you must obtain information about any special dietary requirements, preferences and food allergies that the child has, and any special health requirements.*
- *There must be an area which is adequately equipped to provide healthy meals, snacks and drinks for children as necessary. There must be suitable facilities for the hygienic preparation of food for children, if necessary including suitable sterilisation equipment for babies' food. You must be confident that those responsible for preparing and handling food are competent to do so. In group provision, all staff involved in preparing and handling food must receive training in food hygiene.*

### **AIMS AND OBJECTIVES**

Our aim at Sunnydale Nursery, is to ensure that feeding time with babies is calm, responsive and beneficial to the health and wellbeing of each individual child. Babies must never be left alone when having a bottle and the experience is guided by the baby.

### **PROCEDURE**

1. The quantity of milk required is discussed with parents at the child's home visit. This information is logged on the child's all about me form and written on a whiteboard in the room.
2. Parents are advised at the home visit that they are responsible for providing enough sterilised bottles for the day (up to the age of 12 months. Formula milk **MUST** be **PRE-MEASURED** and provided in small containers for each individual bottle. Breast milk will be provided in the appropriate storage bags which **MUST** be dated and kept in the refrigerator with the child's name on.
3. Wash hands thoroughly before handling bottles. If using formula, use freshly boiled water to fill the bottle to the desired number of 'fl oz', add the pre measured formula and shake vigorously. The water must be hot enough to kill any bacteria so do not use water that has been boiled for longer than 30 minutes.
4. Breast milk must be warmed up in a jug of boiling water to the desired temperature.
5. Formula milk that is too hot to give to the baby must be cooled using a jug of cold water until it is at the desired temperature.

*Any pre made bottles brought in from home can be kept in the refrigerator for up to 24 hours.*

*Any unfinished milk should be thrown away after 2 hours.*

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| This policy was adopted on: | March 2024                  |
| Date disseminated to staff: | 15 <sup>th</sup> March 2024 |
| Date for review:            | March 2025                  |